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Do you have a minute?



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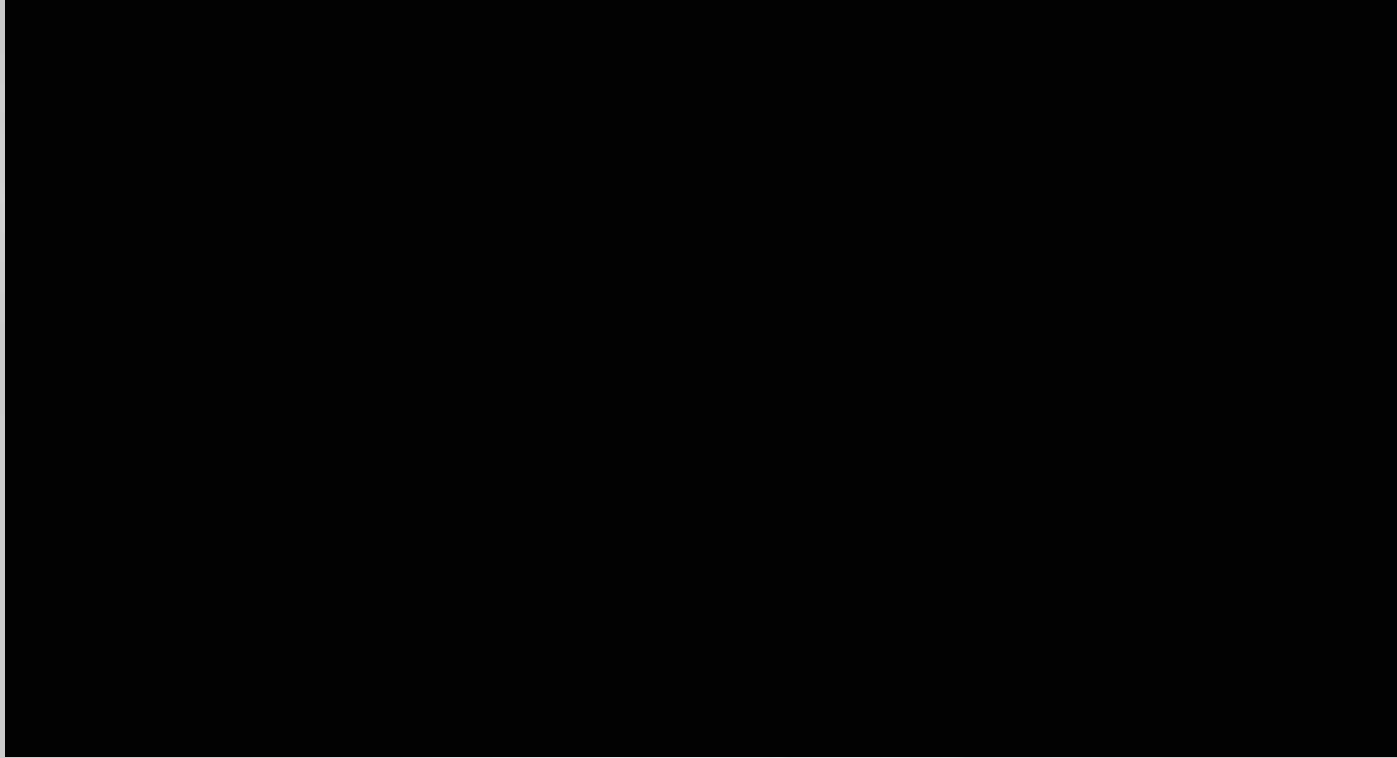
Paul McLiesh
Lecturer
University of Adelaide

seek LIGHT

Reflect Critique Consider Plan

Any specialist area of a profession has to continually define its position to justify and take forward its practice.'

Editors Comment, Peter Davis, 2007(p.43)



Candid Camera

Its up to us

What is?

Who is 'us'?

Orthopaedic nursing has changed
& its still changing.

What does that mean?

Lets not be lead by the change-

Lets lead the change –

Lets face the back of the elevator.....

Why are you here today?

Think about this question.

Why is it important for you to attend an orthopaedic nursing conference?

Are you an orthopaedic nurse or a nurse who works in orthopaedics?

What's important about Orthopaedic Nursing?

- Any nurse can provide care to ortho patients.....
- We don't use traction anymore
- There's not really unique orthopaedic nurse skills any more.....
- Orthopaedic nursing is not really a speciality anymore
- Things are OK as they are now
- We don't really need to think about orthopaedic nursing

What's important about Orthopaedic Nursing?

- Any nurse can provide care to ortho patients but
- Yes but care from specialist nurses has demonstrated a more effective delivery of care, less complications, shortened length of stay (Hommel et al 2008, Greenberg et al 2015)

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What's important about Orthopaedic Nursing?

- Any nurse can provide care to ortho patients but
- We don't use traction anymore
- Yes but there are still many specialist orthopaedic nursing skills that benefit patients.

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- **Yes there are - They may not be as overt as they used to be.**

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- It may not be as overt as other specialities but it is still a true speciality. We need to understand this ourselves & help others to as well.

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- Things are OK as they are now
- We don't really need to think about orthopaedic nursing
- They are OK but we need to shape the future & this takes planning & effort

Strength in numbers

- Working together
- Getting involved
- Planning
- Acting
- Advocating
- Making noise
- Being heard
- Making decisions



<http://buildafoundation.net/2015/02/13/caution-danger-stay-away-proverbs-5-4/>

It all sounds very good Paul..... but

To ensure that orthopaedic nursing remains strong takes action- by you, by me, by our groups.

What is the risk if we don't act?

Decisions are made by those who turn up and those who get involved.

We need to drive the future of orthopaedic nursing.
For our & our patients benefit

ANZONA

Activities to drive the future

- Social media
- Publications, Presentations
- ICON
- Webinars
- Links with other key groups- AOA
- Involvement in national (& international) projects
- Communication & awareness (within & outside of ANZONA)
- Research, competencies, clinical resources (future projects)

Do you have a minute?

- It works better if everyone is doing something.
- Get involved – workplace, local chapter, national level
- Talk about orthopaedic nursing
- Get others involved, turn up to events
- See what's happening
- Act strategically, be politically aware & savvy
- Speak up

It's a challenge- everyone is busy.....

Make a commitment - today

Create a sense of belonging, of pride

- Commit to
 - promoting the speciality,
 - talking about the speciality,
 - get involved in the work of specialist groups
 - attend events, turn up
 - work together
 - learn about what is happening

International Orthopaedic Nurses - 30th Oct

The history of this day NAON webpage: www.orthonurse.org

Take time to celebrate what it means to be an orthopaedic nurse.

Remember that orthopaedic nurses are a vital in ensuring that patients with orthopaedic injuries/conditions receive the best care possible.

As individuals and as groups we have a significant influence over and responsibility for the delivery of care to patients.

We recognise that even though areas of our practice have changed, and continue to change, orthopaedic nurses have unique knowledge and skills that are vital to ensuring our patients receive high quality care.

Let's celebrate the work that we do to promote musculoskeletal health in such a wide range of settings and roles throughout Australia and New Zealand (and all over the world)

Be proud of your work, be proud of your role and be proud to be known as an orthopaedic nurse.

Stay in touch & keep up to date

Webinars- on the webpage www.anzona.net



@anzona1

ANZONA - 10 Year Anniversary

Special thank you to those visionary leaders who worked hard to form ANZONA

Thank you also to those keeping it strong today.



